

October 2010

KSC 202 KSC Events

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
				1 PE145B First-Year Fit Club 9:50A-10:50A KSC-202 <hr/> Wellness--Iyengar Yoga 12:30P- 1:30P KSC-202 <hr/> PE100D Zumba 3P- 4P KSC-202 <hr/> AscenDance rehearsal 4:15P- 6:15P KSC-202	2 AscenDance rehearsal 1P- 3P KSC-202 <hr/> RecAer--Moderate Pilates 3P- 4P KSC-202	3 Wellesley College Dancers dance 12P- 4P KSC-202 <hr/> AscenDance rehearsal 4P- 6P KSC-202 <hr/> FreeStyle Practice 6P- 8P KSC-202 <hr/> RecAer--Power Abs 8P- 9P KSC-202
4 PE100B Zumba 8:30A- 9:30A KSC-202 <hr/> PE111A Fusion Fitness 9:50A-10:50A KSC-202 <hr/> PE463A Tai Chi 12:30P- 1:30P KSC-202 <hr/> PE661A Beginning Yoga 1:40P- 2:40P KSC-202 <hr/> PE661B Beginning Yoga 3P- 4P KSC-202 <hr/> PE294A Classical Indian Dance 4:10P- 5:50P KSC-202 <hr/> PE661C Beginning Yoga 6P- 7P KSC-202 <hr/> PE661D Beginning Yoga 7P- 8P KSC-202 <hr/> FreeStyle Practice 8:15P-10P KSC-202 <hr/> RecAer--Relaxation Yoga 10P-11P KSC-202	5 PE145B First-Year Fit Club 9:50A-10:50A KSC-202 <hr/> Wellness--Iyengar Yoga 12:30P- 1:30P KSC-202 <hr/> PE100D Zumba 3P- 4P KSC-202 <hr/> Wellness--Strength/Z umba Fusion 5P- 6P KSC-202 <hr/> PE100C Zumba 6P- 7P KSC-202 <hr/> PE103C Pilates 7P- 8P KSC-202 <hr/> RecAer--Power Abs 8P- 9P KSC-202 <hr/> Nihon Buyo Trial Lesson 9P-10:30P KSC-202	6 Wellness--Vinyasa Flow Yoga 7:23A- 8:23A KSC-202 <hr/> PE291A African Dance 9:50A-11:30A KSC-202 <hr/> RecAer--Moderate Pilates 5P- 6P KSC-202 <hr/> PE661C Beginning Yoga 6P- 7P KSC-202 <hr/> PE661D Beginning Yoga 7P- 8P KSC-202 <hr/> Dance Collective Weekly Practice 8:15P-10:15P KSC-202	7 PE100B Zumba 8:30A- 9:30A KSC-202 <hr/> PE111A Fusion Fitness 9:50A-10:50A KSC-202 <hr/> PE463A Tai Chi 12:30P- 1:30P KSC-202 <hr/> PE661A Beginning Yoga 1:40P- 2:40P KSC-202 <hr/> PE661B Beginning Yoga 3P- 4P KSC-202 <hr/> RecAer--Relaxation Yoga 5P- 6P KSC-202 <hr/> PE100C Zumba 6P- 7P KSC-202 <hr/> PE103C Pilates 7P- 8P KSC-202 <hr/> RecAer--Power Abs 8P- 9P KSC-202 <hr/> FreeStyle Practice 9P-11P KSC-202	8 PE145B First-Year Fit Club 9:50A-10:50A KSC-202 <hr/> Wellness--Iyengar Yoga 12:30P- 1:30P KSC-202 <hr/> PE100D Zumba 3P- 4P KSC-202 <hr/> AscenDance rehearsal 4:15P- 6:15P KSC-202	9 AscenDance rehearsal 1P- 3P KSC-202 <hr/> RecAer--Moderate Pilates 3P- 4P KSC-202	10 Wellesley College Dancers dance 12P- 4P KSC-202 <hr/> AscenDance rehearsal 4P- 6P KSC-202 <hr/> FreeStyle Practice 6P- 8P KSC-202 <hr/> RecAer--Power Abs 8P- 9P KSC-202

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
11 FreeStyle Practice 8:15P-10P KSC-202	12 PE145B First-Year Fit Club 9:50A-10:50A KSC-202 Wellness--Iyengar Yoga 12:30P- 1:30P KSC-202 PE100D Zumba 3P- 4P KSC-202 Wellness--Strength/Z umba Fusion 5P- 6P KSC-202 PE100C Zumba 6P- 7P KSC-202 PE103C Pilates 7P- 8P KSC-202 RecAer--Power Abs 8P- 9P KSC-202 RecAer--Intro to Pilates 9P-10P KSC-202 RecAer--Fitboxe 10P-11P KSC-202	13 Wellness--Vinyasa Flow Yoga 7:23A- 8:23A KSC-202 PE100B Zumba 8:30A- 9:30A KSC-202 PE111A Fusion Fitness 9:50A-10:50A KSC-202 PE463A Tai Chi 12:30P- 1:30P KSC-202 PE661A Beginning Yoga 1:40P- 2:40P KSC-202 PE661B Beginning Yoga 3P- 4P KSC-202 PE294A Classical Indian Dance 4:10P- 5:50P KSC-202 PE661C Beginning Yoga 6P- 7P KSC-202 PE661D Beginning Yoga 7P- 8P KSC-202 Dance Collective Weekly Practice 8:15P-10:15P KSC-202	14 PE100B Zumba 8:30A- 9:30A KSC-202 PE111A Fusion Fitness 9:50A-10:50A KSC-202 PE463A Tai Chi 12:30P- 1:30P KSC-202 PE661A Beginning Yoga 1:40P- 2:40P KSC-202 PE661B Beginning Yoga 3P- 4P KSC-202 RecAer--Relaxation Yoga 5P- 6P KSC-202 PE100C Zumba 6P- 7P KSC-202 PE103C Pilates 7P- 8P KSC-202 RecAer--Power Abs 8P- 9P KSC-202 FreeStyle Practice 9P-11P KSC-202	15 PE145B First-Year Fit Club 9:50A-10:50A KSC-202 Wellness--Iyengar Yoga 12:30P- 1:30P KSC-202 PE100D Zumba 3P- 4P KSC-202 AscenDance rehearsal 4:15P- 6:15P KSC-202	16 AscenDance rehearsal 1P- 3P KSC-202 RecAer--Moderate Pilates 3P- 4P KSC-202	17 Wellesley College Dancers dance 12P- 4P KSC-202 AscenDance rehearsal 4P- 6P KSC-202 FreeStyle Practice 6P- 8P KSC-202 RecAer--Power Abs 8P- 9P KSC-202

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
18	19	20	21	22	23	24
PE100B Zumba 8:30A- 9:30A KSC-202	PE145B First-Year Fit Club 9:50A-10:50A KSC-202	Wellness--Vinyasa Flow Yoga 7:23A- 8:23A KSC-202	PE100B Zumba 8:30A- 9:30A KSC-202	PE145B First-Year Fit Club 9:50A-10:50A KSC-202	AscenDance rehearsal 1P- 3P KSC-202	Wellesley College Dancers dance 12P- 4P KSC-202
PE111A Fusion Fitness 9:50A-10:50A KSC-202	Wellness--Iyengar Yoga 12:30P- 1:30P KSC-202	PE291A African Dance 9:50A-11:30A KSC-202	PE111A Fusion Fitness 9:50A-10:50A KSC-202	Wellness--Iyengar Yoga 12:30P- 1:30P KSC-202	RecAer--Moderate Pilates 3P- 4P KSC-202	AscenDance rehearsal 4P- 6P KSC-202
PE463A Tai Chi 12:30P- 1:30P KSC-202	PE100D Zumba 3P- 4P KSC-202	RecAer--Moderate Pilates 5P- 6P KSC-202	PE463A Tai Chi 12:30P- 1:30P KSC-202	PE100D Zumba 3P- 4P KSC-202		FreeStyle Practice 6P- 8P KSC-202
PE661A Beginning Yoga 1:40P- 2:40P KSC-202	Wellness--Strength/Z umba Fusion 5P- 6P KSC-202	PE661C Beginning Yoga 6P- 7P KSC-202	PE661A Beginning Yoga 1:40P- 2:40P KSC-202	AscenDance rehearsal 4:15P- 6:15P KSC-202		RecAer--Power Abs 8P- 9P KSC-202
PE661B Beginning Yoga 3P- 4P KSC-202	PE100C Zumba 6P- 7P KSC-202	PE661D Beginning Yoga 7P- 8P KSC-202	PE661B Beginning Yoga 3P- 4P KSC-202			
PE294A Classical Indian Dance 4:10P- 5:50P KSC-202	PE103C Pilates 7P- 8P KSC-202	Dance Collective Weekly Practice 8:15P-10:15P KSC-202	RecAer--Relaxation Yoga 5P- 6P KSC-202			
PE661C Beginning Yoga 6P- 7P KSC-202	RecAer--Power Abs 8P- 9P KSC-202		PE100C Zumba 6P- 7P KSC-202			
PE661D Beginning Yoga 7P- 8P KSC-202	RecAer--Intro to Pilates 9P-10P KSC-202		PE103C Pilates 7P- 8P KSC-202			
FreeStyle Practice 8:15P-10P KSC-202	RecAer--Fitboxe 10P-11P KSC-202		RecAer--Power Abs 8P- 9P KSC-202			
RecAer--Relaxation Yoga 10P-11P KSC-202			FreeStyle Practice 9P-11P KSC-202			

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
25	26	27	28	29	30	31
PE100A Zumba 8:30A- 9:30A KSC-202 <hr/> PE111A Fusion Fitness 9:50A-10:50A KSC-202 <hr/> PE463A Tai Chi 12:30P- 1:30P KSC-202 <hr/> PE661A Beginning Yoga 1:40P- 2:40P KSC-202 <hr/> PE661B Beginning Yoga 3P- 4P KSC-202 <hr/> PE294A Classical Indian Dance 4:10P- 5:50P KSC-202 <hr/> PE661C Beginning Yoga 6P- 7P KSC-202 <hr/> PE661D Beginning Yoga 7P- 8P KSC-202 <hr/> FreeStyle Practice 8:15P-10P KSC-202 <hr/> RecAer--Relaxation Yoga 10P-11P KSC-202	Wellness--Iyengar Yoga 12:30P- 1:30P KSC-202 <hr/> PE100C Zumba 3P- 4P KSC-202 <hr/> Wellness--Strength/Z umba Fusion 5P- 6P KSC-202 <hr/> PE100D Zumba 6P- 7P KSC-202 <hr/> PE103C Pilates 7P- 8P KSC-202 <hr/> RecAer--Power Abs 8P- 9P KSC-202 <hr/> RecAer--Intro to Pilates 9P-10P KSC-202 <hr/> RecAer--Fitboxe 10P-11P KSC-202	Wellness--Vinyasa Flow Yoga 7:23A- 8:23A KSC-202 <hr/> RecAer--Moderate Pilates 5P- 6P KSC-202 <hr/> Dance Collective Weekly Practice 8:15P-10:15P KSC-202	PE100A Zumba 8:30A- 9:30A KSC-202 <hr/> PE111A Fusion Fitness 9:50A-10:50A KSC-202 <hr/> PE463A Tai Chi 12:30P- 1:30P KSC-202 <hr/> PE661A Beginning Yoga 1:40P- 2:40P KSC-202 <hr/> PE661B Beginning Yoga 3P- 4P KSC-202 <hr/> RecAer--Relaxation Yoga 5P- 6P KSC-202 <hr/> PE100D Zumba 6P- 7P KSC-202 <hr/> PE103C Pilates 7P- 8P KSC-202 <hr/> RecAer--Power Abs 8P- 9P KSC-202 <hr/> FreeStyle Practice 9P-11P KSC-202	Wellness--Iyengar Yoga 12:30P- 1:30P KSC-202 <hr/> PE100C Zumba 3P- 4P KSC-202 <hr/> AscenDance rehearsal 4:15P- 6:15P KSC-202	AscenDance rehearsal 1P- 3P KSC-202 <hr/> RecAer--Moderate Pilates 3P- 4P KSC-202	Wellesley College Dancers dance 12P- 4P KSC-202 <hr/> AscenDance rehearsal 4P- 6P KSC-202 <hr/> FreeStyle Practice 6P- 8P KSC-202 <hr/> RecAer--Power Abs 8P- 9P KSC-202