**ATHLETICS DEPARTMENT**

Individual offices are located in the Keohane Sports Center
E-mail Directory: http://www.wellesley.edu/Athletics/athleticsdirectory.html
Telephone Extensions are Preceeded by 781-283-XXXX

**ADMINISTRATORS**

<table>
<thead>
<tr>
<th>Position</th>
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</thead>
<tbody>
<tr>
<td>Director of Athletics, PERA Chair</td>
<td>Bridget Belgiovine</td>
<td>x2001</td>
</tr>
<tr>
<td>Office Coordinator</td>
<td>Jill Cahill-St. Peter</td>
<td>x2027</td>
</tr>
<tr>
<td>Associate Director for Facilities, Operations, and Recreation</td>
<td>Martha Caruso Dietrick</td>
<td>x2023</td>
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<tr>
<td>Assistant Athletic Director</td>
<td>Avery Esdaile</td>
<td>x2002</td>
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<tr>
<td>Director of Sports Information and Communications</td>
<td>Lauren Ferrett</td>
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<tr>
<td>Head Athletic Trainer</td>
<td>Jenn Grunzweig</td>
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<tr>
<td>Strength and Conditioning Coach</td>
<td>Sandy Kerr</td>
<td>x2224</td>
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<tr>
<td>Associate Athletic Director</td>
<td>Mindy Mangels</td>
<td>x2017</td>
</tr>
<tr>
<td>Assistant Athletic Trainer</td>
<td>Kristen Wilson</td>
<td>x2388</td>
</tr>
<tr>
<td>Assistant Director for Club Sports, Intramurals and Athletics Special Events</td>
<td>Megan Valentine</td>
<td>x2016</td>
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<tr>
<td>Physical Education Registrar and Assistant Director of Sports Information</td>
<td>Tom Wilson</td>
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**HEAD COACHES**

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<tr>
<td>Cross Country</td>
<td>John Babington</td>
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<td>Lacrosse</td>
<td>Julia McPhee</td>
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<td>Squash</td>
<td>Wendy Berry</td>
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<td>Field Hockey</td>
<td>Becca Vaill</td>
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<td>Bonnie Dix</td>
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<td>Tennis</td>
<td>Brian Kuscher</td>
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<td>Kathy A. Hagerstrom</td>
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<td>Fencing</td>
<td>Gamil Kaliouby</td>
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<td>Tony Mohammed</td>
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<td>Keri O’Meara</td>
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<td>Crew</td>
<td>Tessa Spillane</td>
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<td>Dorothy Webb</td>
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**SUPPORT STAFF**

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<tr>
<td>Mechanic/Boat House</td>
<td>Jack Daigle</td>
<td>x2024</td>
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<td>Department Coordinator</td>
<td>Nancy Mandile</td>
<td>x2019</td>
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<tr>
<td>Equipment Specialist</td>
<td>David Martin</td>
<td>x2024</td>
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<tr>
<td>Assistant Department Coordinator</td>
<td>Kathleen St. Martin</td>
<td>x2019</td>
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</table>
MISSION AND MESSAGE FROM BRIDGET BELGIOVINE, DIRECTOR OF ATHLETICS AND PERA CHAIR

The Wellesley College department of Physical Education, Recreation and Athletics is dedicated to promoting an improved quality of life for all Wellesley College students through increased understanding, skill, competition and participation in physical activity. The Department meets the needs of a variety of students through its three programs:

(1) **Physical Education**: instructional classes
(2) **Recreation**: leisure time activities
(3) **Athletics**: intercollegiate competitive teams

A. **Athletic Programs**

Wellesley College offers 13 varsity intercollegiate programs: basketball, crew, cross country, fencing, field hockey, golf, lacrosse, soccer, softball, squash, swimming & diving, tennis and volleyball. Wellesley’s student-athletes come from a variety of athletic backgrounds. Most have played a varsity sport in high school and several have participated in club and/or Olympic Development programs. Whatever your background, you can expect to be challenged as a member of one of Wellesley’s athletic teams.

B. **What is the NEW 8/NEWMAC?**

The **NEW 8 (New England Women’s Eight)** is the athletic conference in which Wellesley competed over the last fourteen years. The NEW 8 began as the NEW 6 back in 1984, when a group of institutions banded together to form an athletic conference for women that stood for both athletic and academic excellence. The New England Women’s 6 consisted of Babson, Brandeis, M.I.T., Smith, Wellesley and Wheaton. Three years later, with the addition of Mount Holyoke and W.P.I., the conference changed their name to the New England Women’s Eight - or NEW 8. In 1994, Clark University replaced Brandeis in the Conference.

In 1997, the NEW 8 members voted to expand for a second time, adding The United States Coast Guard Academy and Springfield College to bring the total number of institutions to ten. In addition, the conference decided to sponsor men’s championships for the first time. In 1998, the name of the conference was changed from the New England Women’s Eight (NEW 8) to the **New England Women’s and Men’s Athletic Conference (NEWMAC)** to reflect the changes.

The NEWMAC conducts end-of-season championships for women in basketball, crew, cross-country, field hockey, lacrosse, soccer, softball, swimming & diving, tennis and volleyball.

Our emphasis at Wellesley is for our teams to be competitive in the NEWMAC Conference. If a team is successful in the conference, they have accomplished a great deal. The NEWMAC Conference is well respected in the New England region. Each year a number of conference teams go on to post-season play. For the past several years, Wellesley has been very competitive within the conference. As a result, Wellesley’s teams have won a number of conference championships and have gone on to successfully compete in regional and NCAA post-season tournaments.

C. **What about Seven Sisters - isn’t that Wellesley’s conference?**

Seven Sisters Championships are a valued part of Wellesley’s athletic tradition that dates back to 1980. Several of Wellesley’s teams do compete in a Seven Sisters Championship annually, however it is not Wellesley’s conference. Unlike the NEWMAC Championships, which are held at the end of the season and are the culmination of regular season round-robin competition, Seven Sisters Championships are generally a weekend tournament held in the beginning and middle of the competitive season. The Seven Sisters Championships are viewed as traditional rivalries rather than the focus of the season.

The history of the Seven Sisters Championships can be traced back to the original Seven Sisters schools: Barnard, Bryn Mawr, Mount Holyoke, Radcliffe, Smith, Vassar and Wellesley. These institutions, originally all-women’s colleges, joined together to conduct championships in sports that they have in common. Radcliffe was invited to participate, but chose not to join. Barnard was not able to compete in all of the championships which left five of the original sister schools. Haverford and Swathmore were invited to join as “cousins” and have since made long-term commitments to the competition.
The first Seven Sisters competition was held at Barnard in the sport of basketball in November of 1980. Currently, championships are conducted in basketball, crew, cross-country, field hockey, lacrosse, squash, swimming & diving, tennis and volleyball. These competitions continue to be a highlight of the season for Wellesley’s student-athletes and to win one is a source of great pride! The competitions are accented by a dinner attended by all of the Seven Sisters teams. These dinners serve as an opportunity for all of the teams to come together once a year and share what they have in common - their commitment to high-level athletic competition and their heritage as premier all-women’s institutions.

D. Another Conference? How the ECAC fits into Wellesley’s Program

The Eastern Collegiate Athletic Conference (ECAC) is comprised of schools from up and down the Eastern seaboard. While called a “conference” the ECAC is actually an organization that exists to enhance the athletic opportunities of its members. Toward this end, the ECAC offers post-season competition for both men’s & women’s teams and sponsors a number of awards for student-athletes.

At the end of the season, the ECAC invites several of the top teams in the region to compete in the ECAC Championship. Selection is highly competitive and is based on how well teams did during the regular season and their conference championships. Wellesley joined the ECAC in the early 1990s and since then six teams: basketball, crew, field hockey, lacrosse, soccer and volleyball, have made appearances in ECAC Championships.

F. The NCAA and Division III

The National Collegiate Athletic Association is the national governing body for college athletics. Wellesley is a member of the NCAA and competes at the Division III level. In Division III, the highest priority is placed on the overall quality of the educational experience and intercollegiate athletic programs are conducted as an integral part of the student’s education. Athletic scholarships are not awarded and student-athletes are not treated any differently than other members of the student body.

The NCAA conducts post-season championships in a number of sports. Selection to an NCAA Championship is the most competitive of all. Only the top teams and individuals in the country are selected to participate. In order to be eligible for NCAA competition, the college, the athletics staff and the individual student-athletes must agree to abide by specific rules and regulations. (You will hear more about NCAA Forms later.)

Wellesley has had both teams and individuals selected to compete in NCAA Championships and several student-athletes have had their achievements recognized by being named All-America. Those teams that have participated in NCAA Championships are cross-country, crew, fencing, field hockey, soccer, swimming & diving, volleyball and tennis. Wellesley boasts a national singles champion in tennis, an Epee Runner-Up in fencing, and NCAA Final Four appearances in volleyball and field hockey.

G. Post-Season Opportunities for Individual Sports

Some of the individual sports: crew, cross country, fencing, squash, swimming and diving and tennis have a post-season championship structure that is specific to that sport.

For cross country, the last competition for all team members is the Conference Championship. Two weeks following the Conference Championship is the New England Regional Meet. The top teams and individuals in the New England Regional Meet will qualify for the NCAA Cross Country Championship. Entries for the New England Regional are limited, so not all team members can compete. Your coach will select the individuals who will compete at the Regionals.

Fencing has a similar structure. Generally, the last team competition is the New England Championship. Approximately two weeks after the New England is the Northeast Regional Competition. Individuals must qualify to compete in the Northeast Regional. Qualification standards are set by the National Fencing committee and they are based on your overall performance during the year. At the Northeast Regional, the top individuals will qualify for the NCAA Fencing Championship.

The last team competition for squash is the Howe Cup, which is held in late February. The Women’s Intercollegiate Squash Racquets Association (WISRA) National Championships are held two weeks later. Depending upon the team finish at the Howe Cup, one or two individuals may advance to the WISRA National Championships. Currently, there is no NCAA Championship in squash.

The swimming and diving team competes in its last team competition at the Conference Championship. Qualification for the NCAA Swimming and Diving Championship is based on performance standards in the championship distances. The standards are set by the NCAA before the season begins. Individuals can qualify for the NCAA Championship at any of the competitions on Wellesley’s schedule.
The tennis team concludes the fall season with the New England Championships. Entries in the New England Championships are limited, so not all team members can compete. The coach will determine who will compete at the New England Championships. The NCAA Tennis Championships are held in the spring. Teams and individuals are selected for the NCAA Championship by a national committee at the conclusion of the spring season. Selection is based on your overall performance during the year.

In the fall, the varsity and novice crew team competes in its last team competition at the Seven Sisters Championship. In the spring, both the varsity and novice crew teams compete in their last team competition at the New England Championship Regatta. Depending on their finish at the New England Championship Regatta, crews may qualify for the Champion International Collegiate Regatta, which is held one week later. Teams are selected to compete in the NCAA Rowing Championship by a national committee at the conclusion of the spring season.

H. How It All Fits Together

While it is an honor to be selected to participate in a post-season championship, this has never been Wellesley’s focus. Our emphasis is on conference competition. The greatest culmination of any season is to win a NEWMAC conference championship. Any additional honors, recognition, or post-season opportunities are an added benefit.

By focusing on the NEWMAC competition, Wellesley has continued to produce successful teams that are highly competitive both regionally and nationally. Within the conference, Wellesley has the second best combined overall record. The end result is that Wellesley student-athletes have extraordinary competitive opportunities, they achieve outstanding success, and they do all of this without compromising their academic pursuits.

PART II: Becoming a Member of a Wellesley Team

There are a number of steps to becoming a member of a Wellesley team. Initially, the process of becoming a team member and being “cleared” for competition may seem overwhelming. In fact, the process is quite simple and your coach will be sure that you complete all of the necessary steps. This next section outlines these steps for you in order to familiarize you with the process and answer some of your questions.

A. Incoming First Years:

If you are a first year, welcome! We are glad that you are interested in Wellesley’s Athletic Program and we hope that you are excited about the opportunities ahead of you! The information in this section is meant to help you sort through the process of becoming a team member. While we have tried to anticipate your questions, you will undoubtedly have some things that you will need clarified. We encourage you to contact the coach of your sport or the Associate Director of Athletics for Student Services with any additional questions that you may have regarding varsity intercollegiate athletics. Their names, phone numbers and email addresses are included on the back of the handbook.

First Year Orientation, Tryouts, Fall Pre-Season and Team Practices:

The PERA Department strongly believes that the First Year Orientation is crucial to your introduction and adjustment to Wellesley College and we support and encourage your full participation in the Orientation Program. Therefore, under no circumstances do we allow first years to come to practice if there is a mandatory Orientation activity taking place. The fall coaches are given a schedule of the mandatory activities and they know when first years are unavailable for practice. In addition, if there is an activity that is not mandatory, but is one that you would like to attend, you should speak with your coach in advance to let her/him know that you will not be at practice. If you were invited back for pre-season, you will be allowed to practice with the team prior to the tryout date. All other first years must wait until the tryout date to report for practice.

Your first official introduction to Wellesley’s Athletic Program will take place during the mandatory Physical Education, Recreation and Athletics (PERA) Orientation which is scheduled during the First Year Orientation. The emphasis of the Orientation is on the Physical Education requirement and the variety of the physical activity classes that you may take to complete the requirement. At the end of the PERA Orientation, you will be given an opportunity to meet with the varsity team coaches. The dates and times for tryouts will be announced and the coaches will give you a brief introduction to the individual programs and the expectations that they have for all team members.

The tryout for the fall sports teams takes place during the First Year Orientation and the date and time are listed in the Orientation Schedule. The winter and spring sports conduct their tryouts at the beginning of their seasons (usually mid-October for winter sports and February for spring sports). The coaches will give you specific details regarding tryouts during the athletics portion of the PERA Orientation. At that time students interested in trying out for a fall team will be given a Medical History form that must be completed and returned to the Athletic Trainers before the tryout.
Some first years who were recruited for fall sports teams will be invited to pre-season practice. The pre-season usually begins during the last week of August and consists of double sessions prior to the start of classes. If you are invited to pre-season practice by your coach, you will be sent a letter over the summer indicating the date that you will need to report to campus as well as the date and time of your first practice. The letter will also include specific information such as where you go to pick up your keys, where you will be housed and which dining halls are open for meals.

For athletes invited to pre-season practice, the athletic trainers will conduct a prescreen on the day that you report back to campus (see medical clearance). Your first practice is usually the next day. If you have been invited to pre-season practice by your coach but do not receive a letter by early August, you should contact either your coach, the Head Athletic Trainer, or the Assistant Director for Events.

B. Medical Clearance

In order to be able to compete in intercollegiate athletics, the NCAA and Wellesley College require that you be “medically cleared” to participate. Becoming “medically cleared” is a relatively simple process and it is a process which ensures that you are healthy, not pre-disposed to any injuries, and that you are not putting your health at risk by competing in athletics.

There are four components of the Medical Clearance process for athletes. These are the Medical History Forms, the Insurance Information Form, the prescreen, and the physical/infirmary clearance. All four steps must be completed before you will be allowed to compete. The medical history form, the insurance form, and the prescreen must be completed before you may practice with a team.

The following is a brief description of the four components. This is meant to be a reference. If you have any additional questions, please feel free to call the Head Athletic Trainer.

Medical History Form:

The Medical History Form asks for specific information about your medical background. This form is used by the Athletic Trainers and the Health Services staff to identify any previous or potential medical issues. All of the information on the form is confidential.

Insurance Information Form:

The Insurance Form simply asks for information about your insurance policy and coverage. A copy of this form is kept in the athletic training room and another is given to your coach when you travel to away contests. Thus, should you require emergency medical treatment during a practice or a contest, the certified athletic trainer or the coach can furnish this information to the medical care provider.

Prescreen

The Athletic Training Staff pre-screens all athletes before each season for possible risk factors for injury, focusing on previous injury and orthopedic conditions. For all teams (except novice crew), this pre-screen meeting is scheduled with the athletic training staff before the first practice. The prescreen is required of all team members before they may practice.

When reporting for a prescreen, you should wear shorts (not tights) and a t-shirt or tank top. Plan on having the prescreen take 15-45 minutes, depending on when you are seen. The Athletic Training Staff makes every effort to get you through as quickly and efficiently as possible.

Physical

In order to be eligible for intercollegiate athletics, the NCAA and Wellesley College require that all student-athletes undergo a physical examination at the Simpson Infirmary every two years. You will be notified by either your coach or the Athletic Trainer as to when you should schedule an appointment for the physical. The physicians at the infirmary reserve the right to require any student-athlete to undergo a physical if they feel that it is necessary.

Physicals for student-athletes on fall sports teams are generally scheduled by the Athletic Trainers in conjunction with the infirmary. Student-athletes on winter and spring teams may be responsible for scheduling their own appointments. You will be
told by your coaches when you should call to make an appointment for a physical. When you call to make an appointment, tell the appointment staff that you need a sports physical.

After the physical, you will be given a card by the physician stating that you are cleared for athletic participation. You must turn this card in to the Head Athletic Trainer. Even if you have had a physical, if you do not turn in your card, you will not be allowed to compete.

Occasionally, the infirmary requires individual student-athletes to complete an additional follow-up before they are cleared for competition. If you need additional follow-up, you will be notified by the infirmary staff, the athletic training staff, or both. You should not be overly concerned if you are called back for follow-up. This happens to a number of students each year, most of who are cleared to participate by the first athletic contest. Make sure that you follow-up with the physicians immediately. Keep in mind that the sooner you follow-up with the physicians, the sooner they will be able to clear you to participate.

Clearance for the Open Tryouts during the First Year Orientation

For students who wish to participate in the Open Tryout for a fall sport, the medical clearance process varies slightly. In order to be able to participate in the open tryout, you must complete the Medical History Form and return it to the Athletic Training Room (located on the Lower Level of the Keohane Sports Center) before the tryout. The Medical History Form will be available at the PERA Orientation. You may get a copy of the form from the coach of the sport that you are interested in playing.

Once the Medical History form is returned, the Athletic Trainers will review the form and determine whether you have any injuries or other conditions that might prevent you from trying out. If your Medical History does not indicate any conditions that would prevent you from being able to tryout, you will be given a slip to give to the coach indicating that you have been cleared to tryout. The Athletic Trainers will schedule a date and time for your prescreen if you are selected for the team.

C. NCAA Forms

Student-Athlete Statement and Drug Testing Consent Forms:

The National Collegiate Athletic Association (NCAA) requires that all student athletes sign two forms prior to the first competition each year. The two forms are the Student-Athlete Statement and the Drug Testing Consent Form. Both of these forms are administered at a team eligibility meeting by the Associate Director of Athletics-Student Services.

The Student-Athlete Statement states that you have been made aware of the NCAA Regulations governing your sport and that as far as you know, you are in compliance with them. The Drug Testing Consent Form states that you agree to undergo random drug testing, if selected, at the NCAA Championship.

Your coach and the Associate Athletic Director for Student Services will schedule an eligibility meeting that you will be required to attend. The eligibility meeting is the time when the NCAA forms are explained to you and you have an opportunity to ask questions about them before you sign them. Your coach will notify you of the date, time and location of the eligibility meeting. The meetings usually take place just before or right after your team practice and last approximately 40 minutes.

General Eligibility Form for International Student-Athletes

If you are not a U.S. citizen, or if you have participated in foreign (non-US) athletics activities or were associated as an athlete with a foreign athletics organization and are competing in intercollegiate athletics at Wellesley for the first time, then you must complete the General Eligibility Form for International Student-Athletes. If you meet any or all of this criteria you should inform the Associate Director for Student Services. The Associate Director will provide you with the General Eligibility Form for International Student-Athletes and explain how to complete the form.

D. Academic Eligibility (Diploma Grade Standing)

According to NCAA regulations, in order to practice and compete in intercollegiate athletics, you must be enrolled as a full-time student and be making satisfactory progress toward your degree. At Wellesley, this means that you must meet the criteria for Diploma Grade Standing.

In order to be considered full-time enrolled at Wellesley, you must be enrolled in a minimum of three (3) credit-bearing courses per semester. The minute you drop below three credit-bearing courses, you become ineligible.

Satisfactory progress is calculated based on the fact that Wellesley expects you to complete four credit-bearing courses per semester and eight credit-bearing courses per year. You are allowed to fall behind by one credit-bearing course. That is, you must complete the following minimum number of units each year in order to be eligible to compete.
Number of Units that you must complete each year to remain eligible:

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<th># of units Wellesley expects you will complete each year</th>
<th>Minimum # of units that must be completed each year</th>
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<td>8</td>
<td>7</td>
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<tr>
<td>Sophomore</td>
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<td>15</td>
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<tr>
<td>Junior</td>
<td>24</td>
<td>23</td>
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Number of units that you must complete by mid-year each year:

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<tr>
<th>Mid-Year</th>
<th># of units Wellesley expects you will complete by mid-year each year</th>
<th>Minimum # of units that must be completed by mid-year each year</th>
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<tbody>
<tr>
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<td>3</td>
</tr>
<tr>
<td>Sophomore</td>
<td>12</td>
<td>11</td>
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<tr>
<td>Junior</td>
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<td>19</td>
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<tr>
<td>Senior</td>
<td>28</td>
<td>27</td>
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</table>

In addition, you must maintain a GPA of 2.0 or above and you must declare a major by your junior year.

If you study away from Wellesley for any reason, it is important to make sure that all of your credits are transferred to Wellesley by the beginning of your season. You should speak with the Registrar before you leave to make arrangements to have your credits transferred to Wellesley. If you have any questions about this process, contact the Associate Director for Student Services at x2017.

PART III: PRACTICING & PLAYING ON A WELLESLEY TEAM:

As a member of the NCAA Division III, Wellesley places the highest priority on the overall quality of the educational experience. We deliberately seek to establish and maintain an environment in which a student-athlete’s activities are conducted as an integral part of her educational experience. In keeping with this philosophy, we place special importance on the impact of athletics on the student-athlete.

Toward this end, we have attempted to establish practice times and game times that minimize conflicts with classes. Despite our best efforts, we understand that conflicts will exist. In such instances, academic commitments always take precedent over athletic participation.

The following section was developed to provide you with information about practice and competition schedules, what to do if you suffer an injury, and pre- and post-season conditioning. If you have any additional questions, you can contact your coach or the Associate Director for Student Services.

A. What Time Do We Practice?

Team practices are conducted from 4 PM to 6 PM, Monday though Friday with the exception of the varsity and novice crew teams who practice in the early morning before classes. Teams are permitted one day per week when they can begin practice 30 minutes to an hour later in order to avoid conflict with labs. The ‘Lab Day’, as it is typically referred to, generally occurs on either a Monday or a Wednesday and that day remains the same through the end of the season. Weekend practices may vary but are generally held between 10 AM and 1 PM on Saturday. It is rare for teams to conduct practice on Sundays. The NCAA requires that student-athletes be given one day off per week when classes are in session.

Students should never miss class for a practice. If you do have a class that conflicts with practice you should inform the coach immediately so that she/he is aware that you may be late or may not be able to attend at all.

B. When is our practice site available?

During the season, your practice/competition site is reserved for the team from 4-6 PM Monday through Friday and for contests. In addition, the weight room is open only for athletes from 4-6 PM Monday through Friday. There are also ergometers in the field house balcony that are available for use by the crew team during the hours that the Sports Center is open. Outside of
the reserved practice times, student-athletes are expected to use the facility in accordance with the procedures for general use and only during the posted recreational hours.

C. What If I Get Injured?

The Athletic Trainers are available to Wellesley student-athletes to provide treatment related to the prevention, care and rehabilitation of athletic injuries. The staff consists of two Certified Trainers and several student training aides. In addition, Wellesley has a Team Physician. Appointments with the Team Physician are scheduled by the Athletic Trainers when they are deemed necessary. If further care is required, all referrals, rehabilitation, follow-up care as well as clearance to return to practice/competition will be coordinated by the Team Physician in consultation with the Certified Athletic Trainers.

Athletes who have an injury resulting from athletic practice and/or competition should see the Athletic Trainers right away. Priority is given to those athletes who are in season, followed by those who have begun the pre-season. Out-of-season athletes will be seen only during specified hours. You can check with the athletic training staff for hours of operation. The Athletic Training Room, located in the basement of the Sports Center, is generally open one hour before practice and closes a half-hour after practice. Other times are by appointment.

The Athletic Training Staff is only qualified for the care of athletic injuries. If you are ill, you should go to the infirmary.

D. When Does the Season Begin? When Does It End? What About Pre-Season/Wintersession/Spring Break?

The practice and playing seasons at Wellesley may be somewhat different than what you were used to in high school. Teams competing in the fall are: crew, cross-country, field hockey, golf, soccer, tennis and volleyball. Winter sports are basketball, fencing, squash, and swimming & diving. Spring sports consist of crew, golf, lacrosse, softball, and tennis.

Fall sport athletes are expected to report to campus early for pre-season practices. Winter sport athletes should expect to spend a part or most of the wintersession on campus depending upon your competition schedule. Spring sport athletes can expect to spend spring break practicing and competing with their teams. You should speak with your coach to determine when you are expected to be on campus.

Practices when classes are not in session may take place outside of the regularly scheduled practice times. In addition, the team may practice twice a day during academic breaks. Your coach will give you a schedule indicating the team’s practice times.

Some teams conduct fundraising activities during the year to finance training trips over the vacation periods. In addition, you may be expected to finance a portion of the cost yourself. You should check with your coach to see what, if any, expectations there are regarding fundraising for training trips. If you have any concerns about the amount of money that you are expected to contribute toward your trip you should make the coach aware of your concerns right away.

E. Practice and Playing Seasons

The following is a list of the sports by season and the dates when practices generally begin and when the last contest is played.

<table>
<thead>
<tr>
<th>Fall Sports:</th>
<th>Season Starts</th>
<th>Season Ends</th>
</tr>
</thead>
<tbody>
<tr>
<td>Crew</td>
<td>Early September</td>
<td>End of October</td>
</tr>
<tr>
<td>Cross Country</td>
<td>Late August</td>
<td>Late November</td>
</tr>
<tr>
<td>Field Hockey</td>
<td>Late August</td>
<td>Late November</td>
</tr>
<tr>
<td>Soccer</td>
<td>Late August</td>
<td>Late November</td>
</tr>
<tr>
<td>Tennis</td>
<td>Late August</td>
<td>End of October</td>
</tr>
<tr>
<td>Volleyball</td>
<td>Late August</td>
<td>Late November</td>
</tr>
</tbody>
</table>
**Winter Sports:**

<table>
<thead>
<tr>
<th>Sport</th>
<th>Season Starts</th>
<th>Season Ends</th>
</tr>
</thead>
<tbody>
<tr>
<td>Basketball</td>
<td>Mid-October</td>
<td>Mid-March</td>
</tr>
<tr>
<td>Fencing</td>
<td>Late September</td>
<td>Mid-March</td>
</tr>
<tr>
<td>Squash</td>
<td>Late September</td>
<td>Late February</td>
</tr>
<tr>
<td>Swimming &amp; Diving</td>
<td>Mid-September</td>
<td>Late February</td>
</tr>
</tbody>
</table>

**Spring Sports:**

<table>
<thead>
<tr>
<th>Sport</th>
<th>Season Starts</th>
<th>Season Ends</th>
</tr>
</thead>
<tbody>
<tr>
<td>Crew</td>
<td>Early February</td>
<td>Late May</td>
</tr>
<tr>
<td>Lacrosse</td>
<td>Early February</td>
<td>Late May</td>
</tr>
<tr>
<td>Tennis</td>
<td>Early February</td>
<td>Late May</td>
</tr>
</tbody>
</table>

F. What Time Are Our Games/Meets/Matches?

Teams compete at different times. *In general*, contest times are as follows:

<table>
<thead>
<tr>
<th>Sport</th>
<th>Weekday</th>
<th>Saturday</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Fall Sports:</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Crew</td>
<td>N/A</td>
<td>Morning</td>
</tr>
<tr>
<td>Cross Country</td>
<td>4:00 PM</td>
<td>11:00 AM</td>
</tr>
<tr>
<td>Field Hockey</td>
<td>4:00 PM</td>
<td>1:00 PM</td>
</tr>
<tr>
<td>Soccer</td>
<td>4:00 PM</td>
<td>1:00 PM</td>
</tr>
<tr>
<td>Tennis</td>
<td>3:30 PM</td>
<td>1:00 PM</td>
</tr>
<tr>
<td>Volleyball</td>
<td>7:00 PM</td>
<td>1:00 PM</td>
</tr>
<tr>
<td><strong>Winter Sports:</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Basketball</td>
<td>7:00 PM</td>
<td>2:00 PM</td>
</tr>
<tr>
<td>Fencing</td>
<td>7:00 PM</td>
<td>9:00 AM</td>
</tr>
<tr>
<td>Squash</td>
<td>7:00 PM</td>
<td>1:00 PM</td>
</tr>
<tr>
<td>Swimming &amp; Diving</td>
<td>7:00 PM</td>
<td>1:00 PM</td>
</tr>
<tr>
<td><strong>Spring Sports:</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Crew</td>
<td>Morning</td>
<td></td>
</tr>
<tr>
<td>Lacrosse</td>
<td>4:30 PM</td>
<td>1:00 PM</td>
</tr>
<tr>
<td>Tennis</td>
<td>3:30 PM</td>
<td>1:00 PM</td>
</tr>
</tbody>
</table>

G. What If I Have A Class At The Same Time As A Practice Or A Game?

The Department makes every effort to minimize conflicts between classes and practices or competitions. Ideally, students would never have to miss class for a competition, but the reality is that conflicts do occur because of circumstances we cannot control.
The Department strongly encourages student-athletes to review their academic schedule and their contest schedule closely, looking for potential conflicts. If a conflict does exist between a class and a competition, you should make arrangements to speak with your professor immediately. Professors are not obliged to let students out of class for a competition, but most are accommodating as long as you do not approach them at the last minute.

In speaking with your professor, you should explain that you are competing on a varsity athletic team and that you have noticed potential conflicts on your schedule. Ask the professor if it is possible for you to make other arrangements to complete your work so that you can participate in the contest. Remember, professors are under no obligation to allow you to miss class.

Once you have spoken with the professor, if there are any contests that you will have to miss, let your coach know immediately. The coaches realize that it is up to the professor as to whether or not you may miss class, but they need to know well in advance if you will have to miss a contest.

By looking at your schedule in advance and communicating with your professors and your coach, you should be able to avoid most conflicts. Waiting until the last minute to tell the professor and/or coach is unfair and it can make things very stressful for you.

H. What About Pre-And Post-Season Conditioning Programs?

Our commitment to your athletic development does not end with the season. We know that the majority of Wellesley’s student-athletes are motivated young women dedicated to improvement. In response, the Department placed a strong emphasis on off-season conditioning.

The off-season is any time that your team is not conducting formal, daily practices with your coach in preparation for upcoming contests. During the off-season, NCAA regulations limit the types of interactions that coaches can have with their student-athletes. We abide by those regulations not only because we have to, but because we agree with them. The off-season should be a time for you to take a break from your athletics and focus on other aspects of college life. You should be free of all athletic commitments once your season is over.

However, in the interest of your own athletic development and improvement, we encourage students to engage in some type of off-season conditioning. The purpose of the off-season conditioning program is to help you stay fit during the off-season, to build a strength base and to prevent injury. Those athletes who commit to an off-season conditioning program generally notice an improvement in-season as a result.

During the off-season, your coach will provide you with a recommended conditioning program. Again, the purpose of the conditioning program is to help you stay fit during the off-season with the hope that your fitness will translate into improvement during the season. You are under no obligation to complete any aspect of the conditioning program. It was designed to help you and it is up to you as to whether or not you take advantage of the program.

To facilitate your conditioning, the weight room is reserved for student-athletes only between 4-6 PM Monday through Friday. We encourage you to take advantage of this time, as it has been reserved for you, however you are free to use the weight room anytime it is open.

Occasionally, team captains and/or upperclasswomen may coordinate informal opportunities for the team to get together without the coach and play, run, swim, or row. Typically called Captains Practices, these are not required activities. You may choose to participate in these activities, but you are under no obligation to do so. They are merely an opportunity for teams to get together during the off-season for some informal training.

PART IV: TRAVEL TO AWAY CONTESTS

A. General Policy

Only current Wellesley team members, coaches, faculty and staff may travel to an away contest in transportation provided by the athletic department. All team members are required to travel with the team to and from away contests. In the event that a student has an academic conflict that prevents her from traveling with the team, she should notify the coach as soon as she is aware of the conflict.

B. Who Gets to Go?

Each team has a travel squad size that is set in accordance with NCAA regulations. Typically, the size of the travel party is consistent with the squad size. Occasionally, a team's squad size may exceed the number allowed in the travel party or, for certain events, the number of entries permitted. In this instance, it is up to the head coach to determine which squad members
will travel to an away contest. If you are in doubt as to whether or not you are expected to travel with the team to away contests, you should check with your coach right away at the beginning of the season.

C. When Do We Leave And When Can We Expect To Be Back?

Departure times are determined by taking into consideration class times, the amount of time it takes to travel to the contest site at the time of day that the team is leaving, and the time required for an adequate warm-up prior to the contest. Every attempt is made to avoid missing class time.

Generally, we aim to get you to the contest site approximately one hour before the time it is scheduled to start. What time you leave will depend on where the contest is and how long it will take you to get there. At the beginning of the season, your coach is given a travel itinerary indicating all of the scheduled departure times. You should ask your coach for a list of those times at the beginning of the season to make sure that you do not have any conflicts.

Teams return to the College immediately after the contest has concluded. Occasionally, a team may stop for a meal on the return trip if they are traveling late and all of the dining halls on campus will be closed by the time they return.

D. Meals

The majority of contests are scheduled at times that enable students to take meals on campus. Teams traveling to and from away contests at a time when meals are normally served on campus will be provided with boxed meals. The boxed meal order forms are given to the head coach at the beginning of the season and students may indicate their meal preferences. The cost of the meals is charged to students’ meal plans.

Occasionally, when teams are traveling on long or multi-day trips, coaches are allocated money to pay for the team’s meals.

E. Overnight Trips

Overnight trips for contests are the exception at Wellesley rather than the rule. Teams generally depart and return on the same day. For certain championships and multi-day tournaments, a team may stay off campus. You should check with your coach at the beginning of the season to see which contests involve overnight stays and plan your schedule accordingly.

F. Uniform/Equipment Pick-Up and Return

All uniforms and equipment are issued through the Front Desk. You may pick up your uniform at the Front Desk prior to your contest. If the team will be leaving before the building opens, you should plan to pick up your uniform the day before the contest during regular building hours.

Upon returning from a contest, you should return all uniforms/equipment to the Front Desk immediately. If the team is returning after the building closes, the coach will let team members into the Sports Center to drop off their bags. The bags should contain only those items that were packed initially. Please be careful not to leave any food in the bags.

Uniform pieces or equipment that are lost during the season will be charged to your account through the bursar’s office. It is very expensive to replace a single item, so be sure to keep track of all items issued to you.

PART VI: STUDENT LEADERSHIP OPPORTUNITIES

The athletics administration is committed to providing students with opportunities to develop their leadership skills. Through athletics participation you will have the opportunity to develop specific, non-athletic skills that will stay with you long after your playing days are over. In fact, the intangibles such as teamwork, goal setting, time management, commitment, discipline, courage in the face of adversity, adaptability, self-confidence and leadership are as important as any won-loss record or any single athletic performance. Toward this end, the Department has several formal opportunities for student leadership which are described in the following section.

A. Student-Athlete Advisory Group

This group is comprised of no more than 22 student-athletes selected by the Director of Athletics/Department Chair. The members of the Student-Athlete Advisory Group meet regularly with the Director to discuss issues related to the offering of an effective athletic program. Each of the 13 varsity sports offered by the College is represented by at least one athlete from that
team, and usually two representatives. While each of the 13 varsity sports teams is represented, student-athletes are asked not to approach issues as an advocate for their team, but as a student-athlete concerned with the welfare of the entire athletic program.

B. Friends of Wellesley College Athletics (FOWCA) Captains’ Representative

Each year, one intercollegiate team Captain is selected to serve as the Captains’ representative to the Friends of Wellesley College Athletics (FOWCA) National Committee.

The Captains’ Representative attends the bi-annual meetings of the FOWCA National Committee and reports to them regarding the intercollegiate teams. There are two meetings: one in mid-October and one in May on the Saturday following the Athletic Banquet.

C. Team Captains

Team Captains are elected at different times, depending on the sport. Most teams elect captains for the next year at the end of their season. Others elect captains at the beginning of the season immediately after tryouts.

The team captains are the formal leaders on the team. They are expected to act as a liaison between the coach and the team and to set an example for the underclasswomen.

PART VII: ADDRESSING QUESTIONS, ISSUES AND CONCERNS

All of the coaches, administrators and staff involved with the athletics program work hard to provide a positive athletic experience within the framework of a Wellesley education. It is our hope that long after you graduate from Wellesley, you will be able to look back on your athletic participation and be able to say that it was a worthwhile experience, one that enhanced your education and one that taught you something about leadership, teamwork and commitment.

While we work hard to create a positive environment for our student-athletes, we recognize that occasionally, issues may arise that cause you some concern. Knowing that some conflict is inevitable in any team, department and/or institution, no matter how well it is structured, we have developed a process by which you can address any concerns that you may have regarding the athletics program.

We recommend, as the first step in addressing any issue, that you speak directly to the party or parties involved. If you have a conflict with a teammate, for example, you should talk with her directly and express your concern. If you are unable to resolve the issue or, if you are having difficulty approaching your teammate, you can always go to the team captains or the coach and ask for their assistance in resolving the issue.

If the conflict is with the captains and you do not feel comfortable approaching them, then you should speak with the coach and make her/him aware of the issue. The coach will be able to counsel and guide you in resolving the conflict.

If the conflict is with the coach and attempts to resolve it have been unsuccessful, or if you are not comfortable approaching the coach directly, then you have the option of scheduling an appointment with the Director of Athletics to discuss your concerns. The Athletic Director will gladly meet one-on-one with a student-athlete to discuss any matter related to the athletics program. The Athletic Director may encourage you to go back and talk with the coach and/or individual(s) involved, if you have not already done so. Or, if the situation is of a nature that does not allow it to be resolved by speaking with the coach, the Athletic Director will advise you as to what further options are available.

This process has been developed to help you resolve issues within the Athletic Department. It has been designed to facilitate a prompt and direct response to your concerns. However, students are always able to utilize the General Judiciary (in cases where all parties involved are students) or the Grievance Procedures established by the College.

PART VIII: PHYSICAL EDUCATION REQUIREMENT AND ATHLETIC PARTICIPATION

A. Physical Education Credit

Students who participate in a varsity sport may receive credit points toward the completion of the Physical Education Requirement. The maximum number of credits that can be earned each season are: Fall — 4; Winter — 7; Spring — 6. The number of credits that a student receives is determined by a formula based upon the length of the student’s participation.

B. Student Evaluation Questionnaires (SEQs)
Since students may be awarded physical education credit for participation in varsity athletics, Student Evaluation Questionnaires are administered to each team at the conclusion of their season.

All student-athletes are required to complete an evaluation of the head coach. The SEQs are administered by the Associate Director of Athletics – Student Services, at a time arranged by the coach. The evaluations are anonymous and consist of two parts: numerical ratings and a written evaluation.

The numerical and written ratings are reviewed carefully and are taken very seriously by the Department Committee on Re-appointment & Promotion and by the coach.

The SEQs can be a very effective tool for the coaches to improve their coaching and communication skills. For this reason, it is important that you be specific when making your comments. For example, don’t just say that “Coach is really fair.” Specify - how is s/he fair? Can you give an example when you saw that s/he is fair? The more specific you can be, the more useful the SEQ will be to the coach.

PART IX: AWARDS AND RECOGNITION

A. Sports Information Forms, Awards and Press Releases:

At the beginning of each season, you will be asked to complete a Sports Information Form. The form provides an opportunity for you to list your athletic and academic honors and accomplishments. The Sports Information Form is used by the Sports Information Director to prepare press releases and award nominations.

Each year, the Sports Information Director nominates a number of Wellesley student-athletes for a variety of athletically related awards and sends news releases to students’ local papers. For this reason, it is important that the forms are kept current. If you earn an academic award or become involved with community service, for example, call or e-mail the Sports Information Director so that your form can be updated. Don’t be modest - we love to hear what you are doing and we need to know so that we can nominate you for other awards.

B. Athletic Awards Banquet

In May, generally on the last day of classes, the Department sponsors an Athletic Awards Banquet. The purpose of the banquet is to celebrate all of Wellesley’s student-athletes and varsity teams, particularly those who have received specific honors during the academic year. The Athletic Banquet is the culmination of the year for all of the athletic teams.

Some of the specific awards are given at the Athletic Banquet are:

Seven Sisters Scholar-Athlete Award: Established by the Seven Sisters Directors of Athletics to honor seniors who have met the following criteria: GPA of 3.5 or higher, three years participation in a varsity sport, and participation in at least one Seven Sisters Championship.

NEWMAC Academic All-Conference Award: This Award was established by the New England Women’s Eight Directors of Athletics in 1992 and was incorporated into the New England Women’s and Men’s Athletic Conference (NEWMAC) in 1999 to honor student-athletes in the conference who have met the following criteria: GPA of 3.5 or higher, starter or significant reserve, and second-year academic status. Student-Athletes are selected three times each year to reflect fall, winter and spring sports. The NEWMAC sponsors sports are basketball, crew, cross country, field hockey, lacrosse, soccer, swimming and diving, tennis and volleyball.

The Team MVP Award: The team MVP is voted upon by current team members at the end of each season to recognize that student-athlete who has been the team’s most valuable player for that season.

Directors Award: The Director’s Award is given by the Department of Physical Education, Recreation and Athletics to the student who has made significant and positive contributions to the athletic programs for a minimum of two years as demonstrated by her vital involvement in one or more of the following areas: sports information/recruiting, event management and athletic training.

The Most Outstanding Class Athlete Award: This coaches award is given to an athlete in each of the four classes who has demonstrated extraordinary skill and leadership while a member of one or more intercollegiate teams.

The Most Outstanding Contribution Award: This award recognizes that student who has made a significant and positive contribution to the athletic program as demonstrated by her vital involvement.
The Barbara Barnes Hauptfuhrer Scholar-Athlete Award: This award honors a Wellesley College senior who combines excellence in scholarship, leadership, sportsmanship and athletic achievement.

PART X: SPECIAL PROGRAMS

A. National Girls & Women in Sports Day

National Girls and Women in Sports Day is celebrated annually in early February. The PERA Department plans a celebration of the day on a semi-annual basis. Such celebrations have included an aerobics marathon, multi-sport clinics with local girls groups such as Girls Inc. and the Girl Scouts, an auction featuring items donated by prominent Wellesley Alumnae, a brunch with student-athletes and faculty, and national speakers (Donna de Varona, Title IX).

Current student-athletes may be asked to participate in the day’s events by assisting in the conduct of a clinic, helping to recruit volunteers, or assisting with the promotions. In addition, the Department uses the day to celebrate the achievements of Wellesley’s own student-athletes. Student-athletes are recognized at the half-time of a home basketball game.

B. Spring Open Campus

Each year in late April, the Admissions Office conducts an open house for students who have been admitted to Wellesley. As part of the program, the Department sponsors a presentation about the athletic opportunities available at Wellesley. During the presentation, three or four current student-athletes are asked to speak about their experiences. In addition, all current student-athletes are encouraged to attend to meet with the prospective students and their parents and to answer any questions that they may have about Wellesley’s program.

PART XI: ADDITIONAL COLLEGE AND DEPARTMENT POLICIES

A. Wellesley College Alcohol Policy

* Appendices are available by visiting the following link on the Wellesley College Division of Student Life website: http://www.wellesley.edu/DeanStudent/alcoholpolicy.html

Statement of Purpose

Wellesley College is committed to providing a healthy learning environment that facilitates the highest level of academic achievement and fosters the full development of all its students. The campus community strives to support and promote safe and legal behavioral norms, standards, and practices regarding the use of alcohol and drugs.

A cornerstone of Wellesley's community life is respect for individual integrity. Personal honor, accountability, and responsibility, coupled with shared responsibility as community members to create and sustain a safe and vibrant environment, serve as the overarching principles that shape this policy.

The purpose of the policy is to clarify the individual and shared responsibilities of community members, to define appropriate behaviors to help community members understand the college's responsibilities, to describe the college's response to hazardous or disruptive behavior, and to inform community members about the many resources available for addressing alcohol-related concerns and problems.

In accordance with state and federal laws, Wellesley College has established these priorities:

- to stress moderation, safety, and individual accountability for those students age 21 or over who choose to drink
- to provide an atmosphere free from coercion for those students who choose not to drink
- to discourage and prohibit underage drinking
- to prevent problem behavior, heavy episodic drinking, and alcohol abuse
- to provide prevention and intervention information and education for all students, faculty, and staff
- to provide students with information about confidential on- and off-campus resources to seek help addressing issues related to alcohol and drug use and abuse

Individual Responsibility

Wellesley College emphasizes the responsibility of each community member to be law-abiding, knowledgeable, and thoughtful about any decisions regarding alcohol consumption.
• The college provides information about alcohol use and abuse and urges all community members to become informed about the potentially harmful or negative effects of alcohol.
• Individuals with concerns about their own use or another person's use of alcohol and/or other drugs are encouraged to seek confidential on or off campus.
• The college emphasizes that anyone who is seriously intoxicated should seek medical attention. In cases of intoxication and/or alcohol poisoning, individuals are strongly encouraged to call for medical assistance for themselves or for a friend/acquaintance who is dangerously intoxicated. In order to encourage those who may be in danger from alcohol poisoning or alcohol-related injury to get proper assistance, no student seeking medical treatment for her alcohol or other drug-related overdose, or assisting another student in obtaining such medical treatment, will be subject to college discipline for the sole violation of using alcohol or drugs or of providing alcohol or drugs to the student they have assisted in obtaining treatment. All students treated for alcohol poisoning will be encouraged to meet with either the health educator or a member of the Counseling Center.
• In accordance with state and federal laws, the college will respect and protect the privacy of students who voluntarily seek assistance.

Regulations

Students are expected to be responsible for their actions; comply with federal, state, and local laws; and respect the rights of all members of the campus community.

Violations of the Wellesley College Alcohol Policy or of any Commonwealth of Massachusetts and Town of Wellesley Liquor Laws (see Appendix C) are subject to disciplinary action. Acts in violation of the Wellesley College Alcohol Policy that occur on campus will be subject to disciplinary action. Additionally, acts in violation of the Wellesley College Alcohol Policy that occur off campus may be subject to disciplinary action.

Student events or parties that involve alcohol must comply with the Wellesley College Procedures Governing the Use of Alcohol at Student Events (see Appendix A).

Violations of the Wellesley College Alcohol Policy include, but are not limited to, the acts listed below:

• A person under 21 years of age in the United States may not purchase or attempt to purchase alcoholic beverages.
• A person under 21 years of age in the United States may not make arrangements with any person to purchase or in any way procure alcoholic beverages.
• A person may not misrepresent her age, or in any way alter, deface, or falsify her identification offered as proof of age, with the intent of procuring alcoholic beverages, whether for her own use or the use of any other person. A person may not induce another person under age 21 to make a false statement as to her age in order to procure the sale or delivery of such beverages.
• A person may not sell, deliver, furnish, or otherwise provide alcoholic beverages to any person less than 21 years of age.
• Hazing, drinking games, or other potentially dangerous drinking behaviors are prohibited. Hazardous or disruptive conduct related to the use of alcoholic beverages is prohibited.
• No person shall be coerced, even subtly, to drink or abuse alcohol.
• Alcohol may not be served to intoxicated persons.
• Driving under the influence of alcohol is prohibited and can result in criminal penalties.
• Open containers of alcoholic beverages in public/common areas or on the grounds of the college are not permitted except at registered events.

Alcohol Policy Violations

Alcohol Violation Category I: Underage Alcohol Use or Possession

It shall be a Category I violation of the Wellesley College Alcohol Policy for a person under 21 years of age to purchase, possess, or otherwise have control of alcoholic beverages, or for any student to violate the general provisions of the Wellesley College Alcohol Policy.

Alcohol Violation Category II: Dangerous Intoxication or Hazardous or Disruptive Conduct to Self or Others

It shall be a Category II violation of the Wellesley College Alcohol Policy to be dangerously intoxicated, the signs of which would include, but not be limited to, a diminished ability to walk or stand, vomiting, or passing out.

It also shall be a Category II violation of the Wellesley College Alcohol Policy to engage in hazardous or disruptive conduct, including, but not limited to, any of the following acts:

• blocking or lying across or otherwise preventing or interfering with access to or passage across a thoroughfare
• grabbing, shoving, pushing, or fighting or challenging others to fight
• exhibiting impaired or disorderly conduct
• hazing or coercing others to drink or to abuse alcohol

Alcohol Violation Category III: Distribution

It shall be a Category III violation of the Wellesley College Alcohol Policy to sell, deliver, furnish, or otherwise provide alcohol to persons under the age of 21. It shall also be a Category III violation of the Wellesley College Alcohol Policy to distribute alcohol in common spaces without valid event registration. (See the Wellesley College Procedures Governing the Use of Alcohol at Student Events, Appendix A.) Failure to follow the guidelines concerning alcohol at student events as noted in Appendix A will be considered a violation of the Alcohol Policy.

Sanctions

The following sanctions serve as guidelines for the Wellesley College Alcohol and Drug Hearing Board when students are found to be in violation of the alcohol policy. The Alcohol and Drug Hearing Board, dean, and associate dean of students have the right to modify or adjust sanctions as deemed appropriate.

Fulfilling sanctions takes precedence over all non-academic activity. Failure to comply with a sanction may result in an additional sanction.

In any situation in which alcohol impairment is deemed an aggravating factor, the individual may be charged with separate Honor Code and Alcohol Policy violations.

Alcohol Violation Category I Sanctions

First offense: violator will be required to attend one or more sessions on alcohol education conducted by the health educator within 30 days of the sanction notification. Non-compliance with this sanction will result in the student being placed on residential probation until that meeting takes place.

Second offense: violator will be required to attend one or more sessions on alcohol education conducted by the health educator within 30 days of the sanction notification. She will be placed on residential probation for a period of six months. For a student placed on residential probation, subsequent violation of college policy will result in a further sanction, which may include the loss of privilege to live in college housing.

A student's parents or guardian will be notified when a student is placed on residential probation for an alcohol violation. Parental contact will normally be in the form of a letter, though a student may request a three-way phone conversation (administrator, student, and parent).

Third offense: sanction will be determined on a case-by-case basis by the Alcohol and Drug Hearing Board.

Alcohol Violation Category II Sanctions

First offense: violator will be required to attend one or more sessions on alcohol education conducted by the health educator within 30 days of the sanction notification and will be placed on residential probation for one calendar year. For a student placed on residential probation, subsequent violation of college policy will result in a further sanction, which may include the loss of privilege to live in college housing.

A student's parents or guardian will be notified when a student is placed on residential probation for an alcohol or drug violation. Parental contact will normally be in the form of a letter, though a student may request a three-way phone conversation (administrator, student, and parent).

Subsequent violations will be handled on a case-by-case basis by the Alcohol and Drug Hearing Board.

Alcohol Violation Category III Sanctions

First offense: violator will be placed on residential probation for a period of up to one calendar year from the date of the sanction, will be required to meet with the associate dean of students (or her designee), and will be required attend a training on intervention procedures by a specified date.

Subsequent violations will be handled on a case-by-case basis by the Alcohol and Drug Hearing Board.

Community Collaboration and Campus Resources

The college strongly encourages members of the community to utilize the wide range of campus resources and supports available for addressing alcohol/drug related problems. Students seeking assistance through Health Services, Counseling Services, and the Health educator, will receive confidential services, in accordance with state laws and best practices.

Wellesley College support services include:

• Health Services - x2810 (nurse on call 24 hours a day, 7 days a week according to the academic calendar)
• Campus Police - x5555 emergency, non-emergency x2121 (available for assistance 24 hours a day, 365 days a year)
• Counseling Services - x2839 (confidential counseling during the academic year)
• Health Education Services - x2821 (related health education and information)
• Professional or student members of the Residential and Campus Life staff, including resident directors, house presidents, resident advisors, and the coordinator of student activities
• Student organizations providing related education and support:
  o Peer Advocates
  o OMHA (Association for Mental Health Awareness)
  o Wellesley Women Advocates
  o Sexual Health Educators
  o Health Reps
  o Peer Resource Advisors

B. Wellesley College Hazing Policy

Wellesley College complies with Massachusetts State Law prohibiting hazing. The definition of "hazing" is therefore any conduct or methods of initiation into any student organization, whether on public or private property, which willfully or recklessly endangers the physical or mental health of any student or other person. Such conduct shall include whipping, beating, branding, forced calisthenics, exposure to weather, forced consumption of food, liquor, beverage, drug or other substance, or any other brutal treatment or forced physical activity which is likely to adversely affect the physical health or safety of any such person, or which subjects such student or other person to extreme mental stress, including extended deprivation of sleep or rest or extended isolation. Consent shall not be available as a defense to any other prosecution of this action. Whoever knows that another person is the victim of hazing and is at the scene of such a crime shall, to the extent that the person can do so without danger or peril to himself or others, report such a crime to an appropriate law enforcement official as soon as responsibly possible. (Section 18).

As defined by Massachusetts State Law, the punishment for hazing is as follows: Whoever is a participating principal organizer in the crime of hazing, as defined herein, shall be punished by a fine of not more than three thousand dollars or by imprisonment in a house of correction for not more than one year, or both such fine and imprisonment. (Section 17). Whoever fails to report such crime shall be punished by a fine of no more than one thousand dollars. In addition, any suspected violation of this law should be reported to the Dean of Students or to the Chief Justice/General Judiciary.

C. Social Networking Site Usage

The Wellesley College Department of Athletics encourages and recommends discretion when using social networking sites, particularly with the posting of pictures and with written content. Materials posted to each site, once posted, become the official property of the social networking site and can be used by the administrators of that site as they wish.

"[I have collected the social networking site policy from Plymouth State University and am currently working on tracking down the policy that Cornell University uses. I am working on collecting this from the compliance staff in the Cornell Athletics Department. Janet Judge recommended the Cornell University policy while speaking at the Gender Equity and Issues Forum during April 2008. As soon as I have this additional information, I can forward this to you so that you can forward this to your SAAC if you choose to do so. I know that they are interested in creating their own policy at some point. If you would like a copy of the Plymouth State University policy, I can send this along to you.]"

D. Missed Class Policy

The Wellesley College Department of Athletics encourages and recommends that all Wellesley student-athletes communicate on a regular basis with their professors about competition and practice schedules.